



Generalitat de Catalunya
IES Vescomtat de Cabrera
Hostalric

Plaça Catalunya, 1
17450 Hostalric
Codi centre 17006733
Telèfon 972.864.987
Fax 972.865.357
E-Mail: b7006733@centres.xtec.es

EXETER 2008.

ENGLISH SUMMER COURSE (JUNE 29th – JULY 12th)

The location of the IPC summer courses is: IPC HQ – 7 Colleton Crescent, Exeter. You can take your local bus to High Street and walk for 5 – 10 minutes to IPC HQ – your host family will help you with details of your journey. You can also take the K or S bus into Topsham Road and get off after the South Gate Hotel from where it is a short walk to IPC HQ in Colleton Crescent.

The IPC Summer Team

BEN THORNE, IPC Projects Director

JULIE ALLEN, IPC Junior Course Coordinator

TOM SCHOFIELD, IPC Summer Activities Programme Coordinator

CLARE DOWELL, IPC Accommodation Officer

Advice on Packing

Students should bring clothes suitable for typical English weather - ie changeable. We would predict a combination of typical summery weather and wet weather ! Shorts and trainers are important for sports activities and swimming costume for beach trips if parents are happy to allow students to swim.

A week with IPC consists of the following

All students will receive their detailed programme on arrival in Exeter, together with bus passes, maps and general information.

18 hours English language work - all students will be tested on the first morning and put into classes according to their level of English.

Day 1; Exeter Town Trail

Day 2; Half day trip

Day 3; Sports Activity Evening activity (7pm – 9.30pm) (Host Families Collect)

Day 4; Half day trip or sports activity

Day 5; Free afternoon Evening activity (7pm – 9.30pm) (Host Families Collect)



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The trips will include visits to the seaside - so swimming will be possible if the weather is appropriate - though the water is likely to be cold.

Swimming will always be in areas protected by Life Guards and students on beaches will always be accompanied by their IPC Activity Leaders.

IPC will assume that students are permitted to swim in the sea unless we receive information to the contrary from a group leader or a letter from a parent.

Students will walk with IPC Activity Leaders to the locations of sports activities. Afternoon trips depart at 1.30pm.

Weekend; Full day trip – weekend trips depart from South Street, Central Exeter

Testing, Class Placement, Groups for afternoon activities

All students are tested on the first morning of the course. They are then placed in a colour coded group for classes.

Groups for afternoon activities will have been decided in advance – as far as possible we will select students for afternoon activities according to host family placement and friendship, a mix of nationalities, and age group.

Afternoon/Evening Programme

Trips (Torquay, Dartmoor, Sidmouth...)

Sports activities on offer will be as follows;

Swimming (local Pool)- £1.00 coin required for lockers

Canoeing/rounders – a split afternoon with a game of rounders followed by an hour of kayaking (in 3 – 4 person boats) up the Exeter canal

Golf – Northbrook Approach golf course.

Evening Activities will include: Ceilidh dancing, Karaoke, Talent Night, Disco

Host families will collect all students at the end of the evening activities.

On Friday afternoon, following the end of lessons, students have free time.

There will be a full day trip at the weekend



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IPC Curfews

On evenings when there are no organised evening activities, the curfews are as follows;

Students aged 12 or under are not permitted to go out in the evenings other than to join an activity with the group organiser, to join an activity with the host family, or to visit a friend in another host family by prior arrangement between both families.

Students aged 13 - 14; 8pm

Students aged 15 - 17; 9.30pm

These curfews must be followed.

We encourage students to avoid congregating in groups in the evenings - groups draw attention to themselves. We prefer students to arrange visits to one another at host family homes. No student should go into town alone in the evenings. We actively discourage students from going into town in the evenings. This is when problems will occur. We organise our own evening activities two nights per week and prefer students to stay in with host families for the remaining nights.

Money Matters

Money - please make sure students and parents know that students should look after their pocket money carefully - keep it in a wallet and keep that wallet safe. We cannot be responsible for students' money.

Bus Passes

Bus passes are issued at the beginning of week 1. These should be kept carefully. Any student who loses his or her bus pass will need to pay to replace it (approx £10 per week)

IPC Student ID Cards

All students will receive IPC ID cards which they are asked to fill in on the first day at school. These contain host family and IPC contact details to be used in case of students getting lost and seeking help from members of the public.



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Student Behaviour – SCHOOL RULES

- All IPC sites are non-smoking areas. IPC Activity Leaders are advised that students are not permitted to smoke on IPC sites or during IPC excursions.
- The drinking of alcohol is strictly forbidden for any students under the age of 18. It is illegal. Anyone found to have drunk alcohol may be sent home.
- Deliberately disruptive behaviour can result in students being sent home early – occasionally we will ask group organisers to intervene in matters of discipline. Any student who is sent home early due to unacceptable behaviour will be asked to pay the cost of travel and logistics.
- Students will be asked to pay for any breakages they are responsible for as a result of inappropriate behaviour either at school or in the host family.
- Students are not permitted to eat on IPC Coaches
- Students are not permitted to eat in classrooms or in the computer room (where applicable)
- When studying at IPC HQ, the outdoor student recreation area is the sunken grassed area across the road from Colleton Crescent. Students should not block the pavement, lean on cars, linger in the road, or play ball games on the grassed area.
- Students are not permitted to leave their group – for reasons of safety we encourage all students to always remain with at least one other student in their class/activity group.



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Some advice from the local POLICE

Staying Safe in Exeter

Advice for International Students from Devon and Cornwall Police

Exeter is one of the safest places in the UK to visit. However by understanding this advice you can take some responsibility for being safe and feeling safer.

Be Alert

Do not walk straight into the road- remember to look RIGHT when you cross the road- cars in England drive on the left.

Be Polite

It is usual to join the back of a queue in England- don't push in, it will make people angry!

Law

The Laws in England may be different from your home country. This especially applies to tobacco; alcohol and self defence sprays. You must not carry any drugs of any kind, unless prescribed by your Doctor, or use any illegal drugs.

You must be 18 to buy and smoke cigarettes or tobacco and to buy alcohol.

Stealing

Don't steal- you will be arrested and sent home.

Weapons

It is illegal carry weapons, including knives.

Theft

Never carry all of your money or passport with you and try to keep your valuables such as cameras out of view. Never leave your bag unattended.

In case of an **Emergency**, call 999 or 112 and ask for the service you require (Police, Fire Brigade or Ambulance) **Non Emergency** 08452 777444