

THE IPC SUMMER TEAM

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English course and activities

- All students are tested on the first morning of the course. They are then placed in a colour coded group for classes.
- 8.45 12.45 18 hours English language course with native speaker teachers
- The week of **afternoon activities** consists of the following:
- Day 1: Introduction to Exeter a walk from school to town with questions to answer.
- Day 2: Half day trip (one from Dartmoor / Exmouth/ Dawlish / Sidmouth).
- Evening activity (7pm 9.30pm). (Homestay accommodation hosts collect.)
- Day 3: Sports Activity eg. canoeing, football, swimming, rounders, volleyball.
- Day 4: Half day trip (one from Dartmoor/Exmouth/Dawlish/Sidmouth).
- Evening activity (7pm 9.30pm). (Homestay accommodation hosts collect.)

Day 5: Shopping afternoon

- All of our activities are carefully planned. We do not undertake any activities that we consider to be dangerous. Our Activity Leaders will advise students on specific trips. For example, the trip to Tintagel Castle involves visiting an area with high cliffs.
- Activity Leaders will advise students not to approach the cliff edges.
- All coaches depart from Magdalen Road outside St Margaret's school.

Afternoon trips depart at 1.15pm.

Weekend trips depart at 9 am. Trips return to Central Exeter between 5pm and 5.30pm.

There will be one free day at the weekend when students are permitted to make their own plans.

The full day trip in the middle weekend will be to Tintagel and Padstow.

Sports activities on offer will be as follows:

Swimming (local pool) - £1.00 coin required for lockers.

Canoeing/rounders - a split afternoon with a game of rounders followed by an hour of kayaking (in 3-4 person boats) on the Exeter Canal.

Golf - Northbrook Approach Golf Course.

Volleyball

Football

For those less keen on sport we hope to be offering

Dance (any keen dancers should bring suitable kit please) Drama Workshops

Students will be asked to select their preferred sports/other options on the first day here in Exeter – once they have decided what they would like to do it

Evening Activities may include; Ceilidh dancing, Karaoke, Talent Night – please encourage students to consider this before leaving for Exeter. Disco

Homestay accommodation hosts will collect all students at the end of the evening activities. In some cases homestay accommodation hosts will share lifts or take it in turns to collect students. An IPC Activity Leader will wait until the end of every evening activity to ensure that all students are collected.

All students will participate in the evening programme.

<u>Meals</u>

Host families provide bed, breakfast, a packed lunch and an evening meal each day. Students should remember to collect their packed lunches in the morning. Families will tell students what time dinner will be served and they are expected to be a home in good time for dinner. Students shouldn't eat at fast food outlets in town.

Behaviour

Please talk to your students about acceptable behaviour in the host family. We always ask for feedback from students about host families at the end of our courses, but we do not ask families for feedback about students. If a host family is unhappy with the behaviour of a student we will talk to the group leader and ask for your support in correcting the behaviour. A common problem is that students from different groups placed together in a host family might not get on.

Please ask your students to be prepared to make new friends and to welcome the opportunity of getting to know a young person from a different country. These friendships encourage students to practise their English. In very few cases in the past the bad behaviour of a student in a host family has led us to place the student in the same host family as the group leader.

On evenings when there are no organised evening activities, the **curfews are as follows**:

Students aged 12 are not permitted to go out in the evenings other than to join an activity with the group leader, to join an activity with the homestay accommodation host, or to visit a friend in another homestay accommodation host by prior arrangement between both families.

Students aged 13 – 14: 8pm Students aged 15 – 16: 9.30pm Students aged 16 plus: 10pm

We encourage students to avoid congregating in groups in the evenings; groups draw attention to themselves. We prefer students to arrange visits with one another at homestay accommodation hosts homes'. No student should go into town alone in the evenings. We actively discourage students from going into town in the evenings. This is when problems will occur. We organise our own evening activities two nights per week and prefer students to stay in with homestay accommodation hosts for the remaining nights.

Pocket Money

Experience tells us that it is important that students – 1. do not bring vast quantities of money (we would advise that £30 per week is plenty, 2. look after their money carefully, and 3. understand that their money is their own responsibility.

Bus Passes

Bus passes are issued at the beginning of week 1. These should be kept carefully. Any student who loses his or her bus pass will need to pay to replace it (£20 per week). Please make sure that students know that their bus pass should be kept somewhere safe.

IPC Student ID Cards

All students will receive IPC ID cards which they are asked to fill in on the first day at school. These contain homestay accommodation host and IPC contact details to be used in case of students getting lost and seeking help from members of the public.

Student Behaviour - SCHOOL RULES

- All IPC sites are non-smoking areas. IPC teachers and Activity Leaders are advised that students are not permitted to smoke on IPC sites or during IPC excursions. All IPC sites are non smoking for students (regardless of age) and group leaders.
- The drinking of alcohol is strictly forbidden for any students under the age of 18. It is illegal. Anyone found to have drunk alchohol may be sent home.
- Deliberately disruptive behaviour can result in students being sent home early – occasionally we will ask group organisers to intervene in matters of discipline. Any student who is sent home early due to unacceptable behaviour will be asked to pay the cost of travel and logistics.
- Students will be asked to pay for any breakages they are responsible for as a result of inappropriate behaviour either at school or in the homestay accommodation host's home. This is not covered by our insurance.
- Students who persistently misbehave in class or during IPC excursions will be reported to the IPC Student Courses Coordinator or the IPC Projects Director. We will consult with the group leader and arrive at the most appropriate course of action according to the case.
- Students are not permitted to eat on IPC Coaches
- Students are not permitted to eat in classrooms or in the computer room (where applicable)
- Students are not permitted to leave their activity group on trips for reasons of safety we encourage all students to always remain with at least one other student in their class/activity group.
- Students are expected to join in all activities including all evening activities. Any student who fails to join an activity (other than due to sickness, in which case a member of staff must be informed) will be deemed to be outside the responsibility of IPC, and therefore not covered by our insurances.

Some advice from the local POLICE

Staying Safe in Exeter

Advice for International Students from Devon and Cornwall Police Exeter is one of the safest places in the UK to visit. However by understanding this advice you can take some responsibility for being safe and feeling safer.

Be Alert

Do not walk straight into the road - remember to look RIGHT when you cross the road - cars in England drive on the left.

Be Polite

It is usual to join the back of a queue in England - don't push in, it will make people angry!

Law

The Laws in England may be different from your home country. This especially applies to tobacco, alcohol and self defence sprays. You must not carry any drugs of any kind; unless prescribed by your doctor, or use any illegal drugs. You must be 18 to buy and smoke cigarettes or tobacco and to buy alcohol.

Stealing

Don't steal - you will be arrested and sent home.

Weapons

It is illegal carry weapons, including knives.

Theft

Never carry all of your money or passport with you and try to keep your valuables such as cameras out of view. Never leave your bag unattended.

In case of an Emergency, call 999 or 112 and ask for the service you require (Police, Fire Brigade, Ambulance or Coastguard).