

## **INTRODUCTION**

MOVING TO THE MUSIC is a CLIL music project. As you can read in the title, both aspects, music and movement, have a strong relationship and are both basic pillars on which I teach music subject in my school.

Most of the activities you will find in this project are eurhythmics exercises, based mainly on Dalcroze music methodology. Its philosophy is based on the idea that students have to experience music to develop the inner ear as well as the conscious relationship between mind and body in order to exercise control during musical activity. To keep music alive, we should learn it through movement, ear training and improvisation.

This project is divided into three units: body music, shapes to the music and moving objects to music. Each unit has five lessons of one hour. Cross-curricular links for each unit are science, mathematics and PE (physical education) respectively. The three main competences developed are communicative, social and personal.

In accordance with the Catalan curriculum in the subject of music, this project considers all aspects such as song, audition, musical language and movement.

This project also provides creative ideas to develop and to explore in depth. The music has been carefully chosen to give teachers good tools and resources.

### **Some considerations:**

To put this project into practice, you need a class-room with a free space in which to move around and good sound equipment with clear tone.