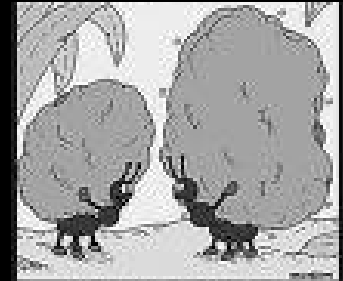


Sticky situations that require your strength and fitness could appear daily ...

Running after the bus, the dog or your naughty brother



Carrying your weight each time you jump can wear you out



Keep your body fit



you will manage to jump lots of obstacles