

I can't hear you...
WHERE EXACTLY did you say
you got injured in the match?



Sometimes the location of the injury
seems evident if it is on a joint
Sometimes you really don't know at
all what exactly has happened to you



But you must be ready to explain
which muscle is whatever is the
question



➤ What is that muscle that looks so strong?

➤ What are you stretching spiderman?



➤ Which equipment is appropriate to work my chest when I go to the gym?



➤ Eto'o have you injured your quadriceps or your hamstring?

