

TEACHERS NOTES

UNIT 3 – FOOD AND RECIPES

Aim: Different people, different food

- Activity 1-

Skills: Speaking and Reading
(Individual research and plenary)

- Objective:

Food and dishes in our country.
To make a research about food in China, Kenya and India.

- Language:

In this activity the children are likely to use vocabulary related to food and dishes in our country:

- ✓ *“Pa amb tomaca”*
- ✓ *“Caragols a la llauna”*
- ✓ *“Coca de recapte”*
- ✓ *“All i oli”*

Any vocabulary needed to talk about food and dishes in the world.

- Activity:

After talking about food and dishes in our own country ask the children to find out about different food in China, Kenya or India.
Tell them they have to look for pictures, recipes or any other information about food and dishes in these countries and take them to school. Ask the children to write the names of the dishes in the box provided in the worksheet.
Finally compare the food and dishes they found with the ones in the sheet provided in Activity 2. They may be the same.

- Resources:

- Books
- Internet
- Asking people from other countries who are living in the village

LIVING AND MOVING AROUND THE WORLD

- Activity 2 –

Skills: Listening and Reading
(plenary)

- Objective:

Different countries, different food.

To make them aware that every country has its own food and its own ways of preparing/cooking it.

To work on a recipe from China.

- Language:

In this activity the children are likely to use vocabulary related to food, dishes and recipes:

- ✓ Names of food they already know:

- fish

- rice

- vegetables

- beef

- potato

- banana tree

- fruit

- ✓ New words:

- jiaozi

- nyama choma

- sugar-cane

- dosas

- chapattis

- curry

- ✓ Other words related to food and dishes:

- dumpling

- market

- beef stew

- tasty

- Activity:

The teacher is going to explain the children that every country has its own food and dishes, that they may have a different way of cooking, preparing meals and that some ingredients may be different or completely new for us.

Ask the children to read the sheet provided with *Food in China, Kenya and India* and in a plenary session and tell them that we are going to talk about the food and dishes presented.

- Resources:

-Worksheet of Food in China, Kenya and India.

LIVING AND MOVING AROUND THE WORLD

- Activity 3 –

Skills: Reading and Writing

-Objective:

Different countries, different food.

To classify the names of food and dishes.

- Language:

The same as in the previous activity

- Activity:

Tell the children that the aim of this activity is to classify the food and ingredients in three groups:

- ✓ Words they already knew: *rice, vegetables, fruit,*
- ✓ New words: *jiaozi, dosas,*
- ✓ Names of dishes from other countries they have already had or tasted, even if they are not typical from our country.

Ask the children to complete the table provided by writing the names of food and dishes in the three different categories.

- Resources:

-Worksheet of Food in China, Kenya and India

LIVING AND MOVING AROUND THE WORLD

- Activity 4 –
Skills: Reading
(Plenary)

-Objective:

To work on a recipe: *ingredients* and *how to make*.....

- Language:

In this activity the children are likely to use the language related to recipes:

-How to make jiaozi

- ✓ Ingredients:
 - *pork*
 - *flour*
 - *egg*
 - *salt*
 - *water*
 - *spring onions*
 - *soya sauce*
 - *cloves of garlic*
 - *ginger*
 - *pork*
- ✓ How the ingredients are measured and used in a recipe:
 - *g. (grams)*
 - *a pinch of.....*
 - *ablespoon*
 - *chopped*
 - *crushed*
 - *powdered*
 - *minced*
- ✓ Verbs to make a dish:
 - *mix*
 - *knead*
 - *roll*
 - *roll out*
 - *put*
 - *fold*
 - *fill*
 - *pinch*
 - *boil*
 - *chop*
 - *crush*
- ✓ Other words related to the recipe:
 - *bowl*
 - *mixture*
 - *smooth, thick dough*
 - *thin, round mini-pancakes*
 - *pan*
 - *a gentle stir*
 - *stick*

-Activity:

Ask the children to read carefully the ingredients needed to make *jiaozi*.
Talk about them. Explain any doubt they have.
Then, ask the children to read carefully the steps of *how to make jiaozi*.

-Resources:

-Worksheet with the recipe to make jiaozi

LIVING AND MOVING AROUND THE WORLD

- Activity 5 –

Skills: Reading and Writing
(plenary)

- Objective:

To classify the vocabulary by making lists.

To work on the vocabulary needed to make a dish: *jiaozi*, a very popular Chinese dish

- Language:

The same as in the previous activity

- Activity:

Ask the children to read the recipe of *how to make jiaozi* and tell them that they are going to make lists of vocabulary in order to:

- ✓ Words I don't know
- ✓ New words

- Resources:

-Worksheet of the recipe *how to make jiaozi*
-Dictionaries

LIVING AND MOVING AROUND THE WORLD

- Activity 6 –

Skills: Reading
(in pairs)

- Objective:

Put sentences into the right order to consolidate the language used in the recipe and the recipe itself

- Language:

The same as in the previous activity

- Activity:

Ask the children to read the sentences and then ask them to cut them out in order to put them into the correct order.

Tell them that when they finish, before sticking the sentences in the sheet provided, they can check the right order in the sheet *how to make jiaozi*.

- Resources:

- Worksheet with the mixed sentences
- Worksheet to stick them in the proper order
- Worksheet *how to make jiaozi*
- Glue and scissors

LIVING AND MOVING AROUND THE WORLD

- Activity 7 –

Skills: Reading and Writing
(Individual)

- Objective:

To consolidate the recipe: language and steps

- Language:

The same as in previous activities

- Activity:

Ask the children to complete the text of the recipe *how to make jiaozi*.

Tell them that they have the words in a box and a text to fill in the gaps.

Tell them that there are some extra words not needed in the recipe. They have to analyse and think about the recipe and try and find out the right words they need.

Ask them to complete the text and when they finish they can check the answers in the original text. Or we can check in a plenary session.

- Resources:

-Worksheet *how to make jiaozi*

-Worksheet with the text *how to make jiaozi*.

LIVING AND MOVING AROUND THE WORLD

- Activity 8 –Assessment (Individual)
- Objective: To create the own recipe
-L language: The language needed to make a recipe <ul style="list-style-type: none">✓ Ingredients✓ Language needed to measure the ingredients✓ Steps needed to make a dish
- Activity: Tell the children that they are going to create and write their own recipe. Ask them to follow the instructions given very carefully. Tell them that they can take it home to ask and have a piece of advice from parents, grandparents,.....of <i>how to make</i>and that they can have a look at any other source to get the information.
- Resources: <ul style="list-style-type: none">-Any needed to search for information about <i>how to make</i>.....-Books-Access to the internet-Asking someone

Expectations

Most children will: talk and describe a range of vocabulary related to food and recipes using the appropriate terms; make comparisons between food and dishes in different countries; offer appropriate observations about food and recipes; ask and respond questions; use books provided and secondary sources

Some children will not have made so much progress and will: describe and talk about food and ingredients of a recipe; begin to recognise differences between food and recipes in different countries; make simple observations about food and recipes in the country; begin to ask and respond to questions about food, based on their own observations and information provided by the teacher; use books provided and secondary sources

Some children will have progressed further and will also: make comparisons about food and dishes in different countries and offer reasons for their findings; begin to explain 'why things are like that', referring to concrete food and recipes; suggest appropriate questions for investigation; use a range of skills when undertaking an investigation and compare food and dishes from other countries with their own country.