

Healthy Food

TOPIC: Healthy Food	SUBJECT OWN SKILLS: <i>Pupils will be able to...</i>
SUBJECT: Coneixement del Medi Natural	<ul style="list-style-type: none"> • Recognise different types of food. • Identify meal times: breakfast, lunch, tea/snack and dinner. • Value the importance of eating well. • Value the relationship between being healthy and eating well. • Use actions for their personal and social development. • Experiment to understand natural processes.
LEVEL: Cicle Inicial 1	TRANSFERABLE SKILLS:
TIMING: 12 Sessions	<p>Communicative skills: <i>Pupils will be able to...</i></p> <ul style="list-style-type: none"> • Express ideas and organize information. • Relate observations, explanations, thoughts, emotions, give accounts of experiences, opinions and develop argument. <p>Methodological skills: <i>Pupils will be able to...</i></p> <ul style="list-style-type: none"> • Access and communicate information using different supports including ICT tools to learn. • Raise questions to investigate them. • Transform information into knowledge activating thinking skills in order to organize, relate, analyze, synthesize, make inferences and deduct at different levels of complexity. <p>Personal skills: <i>Pupils will be able to...</i></p> <ul style="list-style-type: none"> • Create, initiate, develop and assess individual or collective activities with creativity, confidence, responsibility and critical thinking.
<p>AIMS: - To comprehend the story <i>I will not ever never eat a tomato</i> by Lauren Child.</p> <ul style="list-style-type: none"> - To recognise different types of food. - To identify meal times: breakfast, lunch, tea/snack and dinner. - To value the importance of eating well. - To value the relationship between being healthy and eating well. - To distinguish between good and bad eating habits. - To analyse our own eating habits. - To understand that water is necessary to live. - To acquire habits to protect the body. - To respect oneself and others. 	

<p>A. CONTENT</p> <p><i>To introduce...</i></p> <ul style="list-style-type: none"> - The story <i>I will not ever never eat a tomato.</i> - Different types of food. - Meal times. - Values to keep good eating habits. - The relationship between being healthy and eating well. - Water as an essential element to live. 	<p>A. CONTENT</p> <p><i>Pupils will be able to...</i></p> <ul style="list-style-type: none"> - Remember key vocabulary - Understand the importance of having good eating habits. - Appreciate that good eating habits are necessary to be healthy. - Understand that water is a basic element in our diet. 	<p>▪ Language of learning</p> <ul style="list-style-type: none"> - Key vocabulary: Types of food, breakfast, lunch, tea, snack, dinner, water, good, bad, habit. <p>▪ Language for learning</p> <ul style="list-style-type: none"> - Giving opinions to keep good eating habits. - Body language to make actions and express ideas. 	<p><i>Pupils will be able to...</i></p> <ul style="list-style-type: none"> - Appreciate their body. - Value the importance of personal care. - Appreciate English as the vehicular language of the learning process.
<p>B. COGNITION</p> <p><i>To offer opportunities for pupils to...</i></p> <ul style="list-style-type: none"> - Understand the story <i>I will not ever never eat a tomato</i> - Distinguish different types of food. - Recognise meal times. - Value the importance of having water. - Choose good values to keep good eating habits. 	<p>B. COGNITION</p> <p><i>Pupils will be able to...</i></p> <ul style="list-style-type: none"> - Comprehend the story <i>I will not ever never eat a tomato.</i> - Classify different types of food. - Recognise meal times. - Value the importance of having water. - Keep good eating habits. 	<p>▪ Language through learning</p> <p>Language that will come out in class.</p>	

ASSESSMENT CRITERIA: Pupils should be able to recognise the different types of food and the importance of having good eating habits to be healthy.