

Teaching Notes

TOPIC: Healthy Food	Session: 12
GROUPING: 13 pupils	MATERIALS: <ul style="list-style-type: none"> - <i>Assessment: Healthy Food</i> - <i>Memory</i> - <i>Snakes and Ladders</i>
TIMING: 1 hour	
ASSESSMENT	

ACTIVITIES:

- Assessment "Healthy Food" (30'). Children will have to complete the worksheet on their own.
- Games: Children will be divided into two groups. There will be two games, each group will be playing a game during 15 minutes, when time is over, they will change games.
 - o Snakes and ladders: Follow the track from the start to finish. If one player gets a square with an item of food or a meal on it, he/she has to name it, if he/she does it right, he/she stays, if not, he/she goes back to the previous square. Ladders go up, and snakes go down.
 - o Memory: Children will have two sets of cards with pictures of items of food, meals... They will have them all faced down on the table, and they will have to find pairs. If a child finds a pair, he/she has to name it, if the child is right, he/she will keep the pair, but if he/she isn't, the pair will remain faced down on the table.