

# Teaching Notes

<b>TOPIC:</b> Healthy Food	<b>Session: 3</b>
<b>GROUPING:</b> 13 pupils	<b>MATERIALS:</b> <ul style="list-style-type: none"><li>- Powerpoint "I will not ever never..."</li><li>- Powerpoint "Food"</li></ul>
<b>TIMING:</b> 1 hour	
<b>AIMS:</b> - To recognise different types of food.	

**ACTIVITIES:**

- Powerpoint "I will not ever never...": Review of the story and the items of food that children have worked with in previous sessions. (15')
- Powerpoint "Food" –slides 1-7-: The teacher will introduce the groups in which the different items of food may be classified. Children will try to name all the ones they can recognise either from the story or their daily life. (15')
- Powerpoint "Food" –slide 8-: "Food pyramid". The teacher will show the kids the places that the groups before occupy in the pyramid, why they are classified this way, and how often we have to eat them. (15')
- Powerpoint "Food" –slide 9-: Classification. To review all the groups and the items of food, children will try to guess the group of each item that appears in the slide. (15')