

Teaching Notes

TOPIC: My Body	Session: 8
GROUPING: 13 pupils	MATERIALS: <ul style="list-style-type: none"> - <i>Which part of the body do you use to...?</i> - <i>Protect your body</i> - Worksheet: <i>I protect my body</i> - Videos: http://www.youtube.com/watch?v=zEnMs0bD8gg http://www.youtube.com/watch?v=KBMxpDbp51A http://www.youtube.com/watch?v=8Ygn280MYAs
TIMING: 1 hour	
AIMS: - To match actions and parts of the body. - To acquire habits to protect the body.	

ACTIVITIES:

- *Which part of the body do you use to...?* (5'). Go over the powerpoint to review which parts of the body are involved in the different actions.
- *I want to...* (5'). This game will last for 5 minutes, and the teacher will try to elicit the parts of the body by saying and action. The teacher can act if needed.

I.e. Teacher: I want to run
Student: Legs
Teacher: I want to put on my clothes
Student: Arms / Hands
- *I use my...* (5?). This game will last for 5 minutes, and the teacher has to elicit the action in which the part of the body he/she says is involved. More than one action may be involved in the use of a part of the body.
I.e. Teacher: I want to use my legs
Student: Running
Teacher: I want to use my eyes
Student: Reading
- Powerpoint *Protect your body*. (30')
 - o Slides 1-3: Watch the three videos. After watching them, children will have to say which are the 3 main things we have to take into account to protect our body. I.e. Doing exercise, being clean, eating healthy.
 - o Slide 4: Recognise the main actions to protect our body.
- Worksheet (15'). *I protect my body*. Find out actions to protect the body. Tick them. Check answers with all the group.