# Description Of The Activity BOTTLED WATER LABELS

## Subjects Discussed

Parameters that are used to differentiate the nature of the different waters: Mineral salts, hardness, alkalinity, sodium, potassium, therapeutical properties of the water.

## **Aims And Specified Objectives**

After this activity the students should have enough information about bottled water labels. They should also be able to understand the contents of this label and know how to differentiate the different kinds of water and their different properties.

# Methodology

For two weeks each student has brought different water labels, has classified them individually writing about their main characteristics.

Finally all the group or class will have done a classification of each kind of water according to the typology of each water and comment on its meaning.

According to the Spanish legislation they are classified as:

Miner-medicinal water:

SOLAN DE CABRAS (Beteta. Cuenca) FUENTE EN SEGURES (Benasal-Castelló) AIGUA DE SIERRA (Partida El Moreral. València)

Natural mineral water:

FONTVELLA VILADRAU FONT AGUDES FONT D'OR FLORBLANCA VIVARIS AIGUA DE RIBES FONT DEL PI (Guissona.Lleida) VERI CONDIS (Manantial Font Agudes) STOC (Eau minerale naturelle gazeuse) LANJARON FUENTE PRIMAVERA (San Benedetto-València) MONTE PINOS (Almazan-Soria) ANGOSTO (Fuente Frank) FONTER (amb gas afegit) FONT PICANT (Carbònica natural)

	FUENTE PRIMAVERA (amb gas afegit) (San Benedetto- València) AGUAS DE CAÑIZAR (Maestrazgo) BEZOYA (Ortigosa del Monte-Segovia) VITTEL VOLVIC (Puy de Dome. France)
Spring water:	FONT BONA (Santa Candia. Orpí)
	AQUAREL (Manantial los Abetos)
	COLLARA (Castelló)
	CORTES (Castelló)
	VALON
	ST. LAMBERT (Vallée de la Chevreuse)
	EAU DE SOURCE DE MONTAGNE (Pyrénées)
	ONDINE (Source de Saint Benoit (St Martin d'Abbat)
Prepared drinkable water:	

AIGUA DEL MONTSENY AQUAFINA

#### Addressees

Students between 12 and 15 years old

#### Times

Three class sessions

### **Instruments And Materials**

Sheets of paper, scissors, and glue to stick the labels.

#### **Presentation Of The Materials**

The labels are presented, once classified, glued on DIN A4 sheets and bound.

### **Exploitation Of The Activity And Possible Modifications**

It is important to make and explanation about the therapeutical characteristics of the different bottled waters according to the Spanish legislation.

With this activity the students have learnt to give more importance to the contents of a label and can choose a bottled item according to the knowledge they have acquired.

We could make some further activity making and explanation and discussion about the necessity of drinking bottled water; about the prejudice this may cause; about the convenience of installing little domestic instruments that allow us to drink tap water with a better taste; about its effects on the domestic economy, the problem of waste generation... etc. Etiquetes recollides:





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Magnesi (Mg)

Laboratori Dr. Oliver Rodés. Barcelona/setembre 1998

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